

NORTHEAST ARKANSAS REGIONAL RECOVERY CENTER

**You will only be allowed to bring 1 bag of items into treatment.*

Items NOT to bring to treatment*

CELL PHONES AND OTHER ELECTRONIC DEVICES ARE NOT ALLOWED

Luggage: Luggage: It is best that you bring your items in a TOTE which can double up as a laundry basket or in large plastic bags. (All luggage will need to be taken home by family members upon entrance.)

Clothing: Articles of clothing containing advertisements, pictures or slogans promoting alcohol or other illegal substances. (NO EXCEPTIONS)

Personal Vehicles: Must be moved to the end of the parking lot and you will not be able to return to your vehicle until after you have finished treatment. Keys will be held at the front desk while in treatment.

NOT ALLOWED:

Books, magazines, newspapers	Fans or Heaters
Tank tops, spaghetti straps, or muscle shirts	Inappropriate Clothing (Revealing Clothing)
Radios, clocks or CD players	Scissors or pocketknives
Mirrors or Glass objects	Perfume or Personal Hygiene product w/alcohol
Picture frames or albums (loose photos only)	Prescribed controlled substances
Stuffed animals	Make Up Remover containing Alcohol
Food or soft drinks	Musical instruments
Opened over the counter medications	Benadryl, Melatonin, PM medications
Vapes are not allowed	Nail Polish Remover, Acetone

Items you need to bring into residential treatment:

2 Forms of Identification	Approximately 4-5 changes of clothes
Pillow (must be new)	Cigarettes, (vapes not allowed)
Sleepwear	Shoes
Toothpaste, toothbrush, soap	Tote or Laundry basket (NO Luggage)
Razor or electric shaver	Comb, brush, curling iron, flat iron
Shampoo, Conditioner, hair gel (non-alcohol), hair spray, hair dryer, and deodorant (non-aerosol)	laundry detergent and fabric softener
Three towels and three wash clothes	Notebook, ink/pencil, paper, envelopes, stamps
Change for soda machine (\$1.50 each)	
Over-the-counter medications that are factory sealed (NO EXCEPTIONS)	
Bible or other spiritual meditation materials	
Enough prescription medication to last for the length of treatment-if your doctor has given you samples, be sure to bring in his/her written instructions.	

If you need items delivered after being admitted into residential treatment, they may be dropped off.

Please reschedule appointments, i.e. doctors, lawyers, etc., to a date before treatment or after treatment.

- **Personal cell phones are not allowed in Residential Treatment.** Phone use is a Privilege not a right. Phones are provided for use after your seven (7) day Blackout Period. There is no cost. All phone calls must be logged on the phone log. The number of calls you may make per day depends on how many clients we have in treatment at that time.
- Attendance of outside support meetings and in-house meetings are provided during your treatment stay. Staff will transport to outside meetings. Due to safety, individuals must sit together and participate as a group without interaction of other individuals that are in attendance of these meetings. **DO NOT HAVE YOUR FRIENDS OR FAMILY MEMBERS MEET YOU AT A MEETING.** If you do the entire group will load back up on the van and return to the center.

- Room assignment is conducted upon admission and changing rooms is not allowed. **YOU CANNOT UNDER ANY CIRCUMSTANCES ENTER ANOTHER PERSON'S ROOM.** You cannot under any circumstances change rooms without permission from the Director.
- Immediate Discharge will be conducted if any individual physically harms or threatens to harm another person in the program or a staff member, and/or destroys facility property, with the possibility of legal charges being placed against the individual. Our goal is to provide a safe place for the staff and the individuals we serve.
- All your medications (prescriptions and over the counter) are to be logged in by a staff member and locked up in a central location. You are not allowed to share any of your medications with other clients.
- **All individuals are requested to remain on their respective unit (men on Men's side and women on Women's side) unless escorted by a staff member or the peer mayor to other areas to the facility.**

This facility utilizes the revocation of privileges and applies a three (3) strike policy for the noncompliance of these guidelines. When an individual in the program is disruptive to others and harming their ability to participate in the program then steps will be implemented to correct the situation.

Our Goal is to provide the best therapeutic treatment and incorporate assistance to all individuals that enter the facility. The staff will display respect to all individuals they serve and request the same in return.

These rules are subject to change at any time, based on written or verbal direction from the Director. Verbal authorization to change treatment center rules and regulations will be followed by written documentation for critical rule changes within seventy-two (72) hours.