

Infant Menu Form

Month / Year _____

Provider Name _____

Child's Name(s)

Calendar Date								
0 - 3 Months	Breakfast	IFIF/Breast Milk						
	A.M. Snack	IFIF/Breast Milk						
	Lunch	IFIF/Breast Milk						
	P.M. Snack	IFIF/Breast Milk						
	Dinner	IFIF/Breast Milk						
	Eve. Snack	IFIF/Breast Milk						

IFIF = Iron Fortified Infant Formula

Do you buy formula for this child? Yes No

Child's Name(s)

Calendar Date								
4 - 7 Months	Breakfast	IFIF/Breast Milk						
		IFIC (opt.)						
	A.M. Snack	IFIF/Breast Milk						
		Additional Food (opt.)						
	Lunch	IFIF/Breast Milk						
		IFIC (opt.)						
		Fruit/ Veg. (opt.)						
	P.M. Snack	IFIF/Breast Milk						
		Additional Food (opt.)						
	Dinner	IFIF/Breast Milk						
		IFIC (opt.)						
		Fruit/ Veg. (opt.)						
Eve. Snack	IFIF/Breast Milk							
	Additional Food (opt.)							

IFIC= Iron Fortified Infant Cereal

Do you buy formula for this child? Yes No

Child's Name(s)

Calendar Date								
8-12 Months	Breakfast	IFIF/Breast Milk						
		IFIC						
		Fruit/ Veg.						
A.M. Snack	IFIF/Breast Milk							
	Bread (optional)							
Lunch	IFIF/Breast Milk							
	IFIC or Meat							
	Fruit/ Veg.							
P.M. Snack	IFIF/Breast Milk							
	Bread (optional)							
Dinner	IFIF/Breast Milk							
	IFIC or Meat							
	Fruit/ Veg.							
Eve. Snack	IFIF/Breast Milk							
	Bread (optional)							

Snack may be choice of Formula, Breast Milk, or 100% Juice.

Note: Only plain Fruits/Veg. or Meats are allowed!

Diet Statements: (Circle) Yes No Who? _____ Circle Yes, when an infant in your care is on a specific diet and a Diet Statement has been provided by their doctor. We must have copy of this form on file in our office.

Menus must be maintained daily! You must be specific when listing type of juice, cereal, meat or bread on menu. You must ensure proper portion sizes are served to each infant in your care based on their age group. Portion sizes are listed in your Food Program Handbook.

Children should be listed on this form until the date of their first birthday!