

Provider's Name \_\_\_\_\_

Month / Year \_\_\_\_\_

## MENU FORM

Reminder: Claim no more than three meals per day per child, one of which must be a snack.

		CALENDAR DATE						
Breakfast	Milk							
	Fruit/Vegetable							
	Bread/Cereal							
	Additional Food (opt.)							
AM Snack	Choose 2 of these 4: Milk, Fruit/Vegetable, Bread, or Meat							
Lunch	Milk							
	Meat							
	Fruit/Vegetable							
	Vegetable							
	Bread							
	Additional Food (opt.)							
PM Snack	Choose 2 of these 4: Milk, Fruit/Vegetable, Bread, or Meat							
Dinner	Milk							
	Meat							
	Fruit/Vegetable							
	Vegetable							
	Bread							
	Additional Food (opt.)							
Evening Snack	Choose 2 these 4: Milk, Fruit/Vegetable, Bread, or Meat							

The Child and Adult Care Food Program sponsored by CRDC, Inc. is operated in accordance with the USDA policy which does not permit discrimination because of race, color, sex, age, handicap, or national origin. Any person who believes she or he has been discriminated against in any USDA related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

Menus must be maintained daily. You must be specific when listing type of juice, cereal, meat, or bread served on menu. You must also ensure proper portion sizes are served to each child based on their age. Portion sizes are listed in your Food Program Handbook.