

NORTHEAST ARKANSAS REGIONAL RECOVERY CENTER

You will only be allowed to bring 1 bag of items into treatment.

Items NOT to bring to treatment:

CELL PHONES ARE NOT ALLOWED

Luggage: Luggage: It is best that you bring your items in a TOTE which can double up as a laundry basket or in large plastic bags. *(All luggage will need to be taken home by family members upon entrance.)*

Clothing: Articles of clothing containing advertisements, pictures or slogans promoting alcohol or other illegal substances. *(NO EXCEPTIONS)*

Personal Vehicles: Must be moved to the end of the parking lot and you will not be able to return to your vehicle until after you have finished treatment. Keys will be held at the front desk while in treatment.

Books, magazines, newspapers

Fans or Heaters

Tank tops, spaghetti straps, or muscle shirts

Inappropriate Clothing (Revealing Clothing)

Radios, clocks or CD players

Scissors or pocketknives

Mirrors or Glass objects

Perfume, cologne, Mouthwash, or aftershave

Picture frames or albums (loose photos only)

Stuffed animals

Food or soft drinks

Musical instruments

Opened over the counter medications

Benadryl, Melatonin, PM medications

Rechargeable Vapes (Disposable Only)

Nail Polish Remover, Acetone

Prescribed controlled substances

Make Up Remover containing Alcohol

Items you need to bring into residential treatment:

2 Forms of Identification

Pillow (must be new)

Sleepwear

Shoes

Toothpaste, toothbrush, soap

Tote or Laundry basket

Razor or electric shaver

Comb, brush, curling iron, flat iron

Shampoo, Conditioner, hair gel (non-alcohol), hair spray, hair dryer, and deodorant (non-aerosol)

Three towels and three wash clothes

Laundry detergent and fabric softener

Approximately 4-5 changes of clothes

Cigarettes, Vape (none rechargeable)

Change for soda machine (\$1.00 each)

Notebook, ink/pencil, paper, envelopes, stamps

Over-the-counter medications and vitamins that are factory sealed **(NO EXCEPTIONS)**

Bible or other spiritual meditation materials

Enough prescription medication to last for the length of treatment-if your doctor has given you samples, be sure to bring in his/her written instructions.

If you need items delivered after being admitted into residential treatment, they may be dropped off between 8:00 am and 4:30 pm, Monday- Friday.

*****Please reschedule any appointments, i.e. doctors, lawyers, DHS, etc.; to a date before treatment or after treatment.**

- **Personal cell phones are not allowed in Residential Treatment.** Phone use is a Privilege not a right. Phones are provided for use after your seven (7) day Blackout Period. There is no cost. All phone calls must be logged on the phone log. The number of calls you may make per day depends on how many clients we have in treatment at that time.
- Attendance of outside support meetings and in-house meetings are provided during your treatment stay. Staff will transport to outside meetings. Due to safety, individuals must sit together and participate as a group without interaction of other individuals that are in attendance of these meetings. **DO NOT HAVE YOUR FRIENDS OR FAMILY MEMBERS MEET YOU AT A MEETING.** If you do the entire group will load back up on the van and return to the center.
- Room assignment is conducted upon admission and changing rooms is not allowed. **YOU CANNOT UNDER ANY CIRCUMSTANCES ENTER ANOTHER PERSON'S ROOM.** You cannot under any circumstances change rooms without permission from the Director.
- Immediate Discharge will be conducted if any individual physically harms or threatens to harm another person in the program or a staff member, and/or destroys facility property, with the possibility of legal charges being placed against the individual. Our goal is to provide a safe place for the staff and the individuals we serve.
- All your medications (prescriptions and over the counter) are to be logged in by a staff member and locked up in a central location. You are not allowed to share any of your medications with other clients.
- Needed personal items may be brought to the facility Monday-Friday 8:00-4:30. Only for special exceptions that are pre-approved by your primary counselor may items be dropped off at any other time. If your primary counselor approves of this, then he/she is to leave a note taped to the front window with your name on it and a list of the items that are to be dropped off. This note is to include the date the items will be dropped off as well as the counselor's signature.
- **All individuals are requested to remain on their respective unit (men on Men's side and women on Women's side) unless escorted by a staff member or the peer mayor to other areas to the facility.**
- All vapes and E-cigarettes must be disposable only. No rechargeable or refillable vapes will be allowed on the premises.

***This facility utilizes the revocation of privileges and applies a three (3) strike policy for the noncompliance of these guidelines. When an individual in the program is disruptive to others and harming their ability to participate in the program then steps will be implemented to correct the situation.**

***Our Goal is to provide the best therapeutic treatment and incorporate assistance to all individuals that enter the facility. The staff will display respect to all individuals they serve and request the same in return.**

***These rules are subject to change at any time, based on written or verbal direction from the Director. Verbal authorization to change treatment center rules and regulations will be followed by written documentation for critical rule changes within seventy-two (72) hours.**